

Scientology

Published by the Hubbard Association of Scientologists, Phoenix, Arizona

Issue 1-G

VALIDATION PLAN IS ACCEPTED

the time track

auditors with three proven successes will be awarded bachelor of scientology degrees

Now it's the "Mimemeter"! This is a smaller edition of the Mathison Electropsychometer which can be taken anywhere, because it requires no A-C current, yet results are similar to those of the old stand-by. The machine sells for \$48.50, f.o.b. Los Angeles, and delivery is promised within a few weeks.

Adele and Roman Mazurek of Chicago took a "tenting" vacation this year: two weeks of it in Minnesota . . . Mrs. Ara T. Dildian of Suffield, Conn., is SCIENTOLOGY'S first paid subscriber.

Idella Stone is starting the Summary Course in Pasadena under arrangements with Hardin Walsh . . . Her 'phone number is SYcamore 6-8556 . . . Jack Horner is in England teaching a basic course . . . Haskell Cooke and John Galusha, Jr., are in New Orleans processing a special. They love that weather . . . Burke Belknap and his wife are in Florida . . . Mary Beth Horner is starting a Child Dianetic center in Phoenix . . . J. M. "Smoky" Brand motorcycled to Phoenix from El Paso recently by way of recreation when he was given three days off from his fire fighting activities.

Bob Arentz has shelved the E-Meter cans a few weeks while he processes gas-thirsty cars on the Idaho-Utah line . . . Bob Smith has left Phoenix to join Perry Chapdelaine's Health and Happiness Incorporated group in Oakland, Calif. . . H.D.A. Earl Canard has joined the Detroit Dianetic Center to assist the busy and efficient Olla Curry and Refa Postel with their auditing.

Mrs. Charlein Hutton of Vancouver, B.C., came to Phoenix for an ultra-special under LRH himself, and decided to stay for the Professional Auditing Course with the Phoenix Scientology Institute . . . Mrs. Jeanne Warfield, an H.D.A. of Little Rock, Ark., the "brand newest" of the Associates, is sorting a stack of case histories to see which three she'll use for the Bachelor of Scientology degree. Her goal is Certificate No. 1 . . . Another new associate: Walter Hanan of Nampa, Idaho.

World-wide validation of Scientology took a step forward today with acceptance by the Hubbard Association of Scientologists of a program of case history compilation.

Co-operating in this program is the Hubbard College Graduate School in Phoenix, Ariz., which not only is lending its facilities but is granting the degree of Bachelor of Scientology to all competent auditors caring to participate.

More than \$50,000 has been expended to date by dianetic organizations in attempts to compile adequate validation material. Much of that which was accumulated was used, and served to demonstrate to the public and professional world that the older science of dianetics qualified as capable engineering effort in repairing and understanding the body and mind. Although many cases so gathered were spectacular, the length of time required to relieve chronic somatics by these early techniques was such as to inhibit any large flow of validation material.

Today, with the swiftness with which Scientology is able to relieve chronic somatics, it is possible for an auditor to demonstrate effectively the workability of the science on several cases within a relatively short time.

Those who have worked with dianetics in the last two years, and who have devoted themselves during the last eight months to study in the newer science, Scientology, now are being asked to contribute their findings and case histories to the compilation of a validation text which will be published by the Association of Scientologists and given broad distribution.

An auditor is asked to submit notarized statements concerning cases on which he has worked, or which he has chosen to work as part of this program, made out on forms furnished by the Association. The forms have been standardized, and are designed for reproduction by multilithograph process.

The Validation Book will contain these case histories as submitted by the auditors. In addition, it will contain some of the material already collected in Scientology,

such as rises in intelligence quotients, descriptions of techniques, etc.

Participation in this program is open to any auditor eligible for one of the degrees of Scientology.

Requirements for the Bachelor of Scientology certificate are: Successful practice in the field, valid prior certification as a Hubbard Dianetic Auditor, and three case histories which are validated by the signature of the pre-clear and notarized by the auditor.

The case histories must be those in which chronic somatics, or major aberrations, have been successfully reduced.

Certification as a Bachelor of Scientology is the first requisite before an auditor may work toward a doctorate. Second, he must have practiced on a sufficient number of cases along one line or on one subject to prove the efficacy of Scientology on that subject beyond question. Also, he must know all the latest techniques, and he must be a MEST clear.

To assist this program, the Graduate School has cut its registration fee for the Bachelor of Scientology degree to \$25, and is making no other charge. Five copies of the Validation book go automatically to each successful candidate.

It is hoped by the Association that wide participation will produce a document so complete that it will establish Scientology even more firmly in both professional and public spheres of interest.

SCIENTOLOGY

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what is scientology?

"Scientology" is a new word which names a new science. It is formed from the Latin word, "Scio," which means KNOW, or DISTINGUISH, being related to the word "scindo", which means CLEAVE. (Thus, the idea of differentiation is strongly implied.) It is formed from the Greek word "logos," which means THE WORD, or OUTWARD FORM BY WHICH THE INWARD THOUGHT IS EXPRESSED AND MADE KNOWN; also, THE INWARD THOUGHT or REASON ITSELF. Thus, SCIENTOLOGY means KNOWING ABOUT KNOWING, or SCIENCE OF KNOWLEDGE.

A science is not merely a collection of facts, neatly arranged. An essential of a science is that observations give rise to theories which, in turn, predict new observations. When the new observations are made, they, in turn, give rise to better theories, which predict further observations.

A science grows. Its most important growth is not in numbers of facts but in the clarity and prediction-value of its theories. Many fields which call themselves sciences substitute fact-collecting for theorizing, others substitute theorizing for observation. Without both, there is no science.

The "exact" sciences contradict each other daily. This is not because their observations are wrong, but because they cling to old theories that conflict instead of finding the newer, simpler theories.

Scientology has introduced new simplifications of theory into the field of human thought and has brought the study of human thought up to a level at which it begins to embrace all thought and all life, not only of man, but of all organisms.

Scientology is not a therapy for the sick, although from Scientology such a therapy may be derived.

Thought is the subject matter of Scientology. It is considered as a kind of "energy" which is NOT PART of the physical universe. It controls energy, but it has no wave length. It uses matter, but it has no mass. It is found in space, but it has no position. It records time, but it is not subject to time. The Greek word (and letter), THETA, is used as a symbol for thought as an "energy."

—Reprinted from the Introductory Lecture to the Professional Course.

*success 'ain't
worth the fuss'*

By what standard is the success of therapy to be judged: that of the pre-clear who hails improvement as a miracle? or from the standpoint of the auditor who, when questioned, replied: "It ain't worth the fuss."?

A few months ago, Mrs. Martha Dildian of Suffield, Conn., contacted John B. Skupen, Boston auditor, and agreed to a limited amount of processing. She was willing to spend only \$100. All her life, according to her own definition of her case, she'd had a semi-paralyzed left arm, shorter and bent, and a "humpback" shoulder, two inches higher than the left. After 14 hours' processing, her shoulder dropped, her left arm straightened out and lengthened, and she suddenly found herself able to do things with her left arm which previously had been impossible. The arm had been so weak that she could not set the brakes of her car, nor could she comb her own hair.

To her and her friends, the "cure" was outstanding. To Skupen, it was merely added proof of results he's come to expect after handling a long list of cases.

Writing about the case, Skupen said: "I simply had her scan out the effort, counter-effort, emotion and postulates regarding her arm. . . .

"The most important material touched was birth itself. In birth, for some reason, it was necessary for her to twist her shoulders, drop the right one and raise the left, and immobilize the left arm in order to get through the birth canal. Why, I do not know. She was not a large baby and she wasn't the first child.

"Second on this was an automobile accident of a few years ago which injured her left shoulder and required her to have her arm in a sling for many weeks with the joint of the shoulder immobilized and raised. Third was a second auto accident with an operation on the nerves serving the left shoulder to relieve continual pain. Fourth was an incident at about four years when her left arm was hurt slightly and she got buckets of sympathy. . . . Fifth an incident doing exercises in school where she was bawled out for not trying hard enough with her left shoulder. They all lifted very easily, though somewhat sticky. . . ."

The irony was that it cost the pre-clear much more than the \$100 limit she'd placed, but not for therapy. Her entire wardrobe, designed to minimize the appearance of her deformity, had to be made over. In addition, there was the cost of new glasses for her improving eyesight. And they're getting even better.

To date, however, there have been no complaints about this expense.

scientology society rolls opened to two classes of members

Enrolment in the Hubbard Association of Scientologists is open to all those interested in the science and its potential achievement on the international, national, group, or personal level.

There are two classes of membership, technical and general. Technical membership is restricted to those skilled in the use of Scientology, in business, in communication, and in therapy. General membership includes all other classes. Certification as a Hubbard Certified Auditor is necessary for technical membership.

The advantages of membership are many. A member receives a ten percent discount on all purchases of Association publications and material. By means of directories, he is put in touch with other Scientologists and groups. He receives, without further charge, a year's subscription to the magazine, SCIENTOLOGY, which contains in every issue articles on pertinent subjects by L. Ron Hubbard, and other features. A year's subscription of the magazine covers twenty-six issues.

Founded by the many members contributing to the research of L. Ron Hubbard, in the Spring of 1952, the organization has been self-supporting for some time.

Various programs are being sponsored by the Association to achieve the goals of Scientology. These goals include an eradication of criminality so far as possible throughout the world, the prevention of insanity, the establishment of new and better systems of education, and the general improvement of the lives of individuals.

The fifteen thousand persons now active in Scientology can, if well organized and self-determined, affect, possibly, the course of history, for never before has man had the ability to break the vicious cycle, or the dwindling spiral and decay, which awaits individuals and nations.

The cost of membership is \$2.50 a year. It is granted on application to the Hubbard Association of Scientologists at 1407 North Central Avenue, Phoenix, Ariz.

Three issues are sent free to prospective members before they are taken from the lists.

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nearly 100 auditors attend '80 and 88' lectures in phoenix

Nearly a hundred auditors attended the Summer Session in Phoenix, Ariz., June 23 to June 28.

According to letters received from these and their comments while here, the Summer Session was one of the most successful so far, both in terms of information delivered, and handling.

Those attending the session were given 22 hours of lecture by L. Ron Hubbard on the developments of Scientology in the field of processing. The subject of the lectures was "Techniques 80 and 88". Volney Mathison, inventor of the electropsychometer, gave nine hours of lectures and demonstration on the uses of the electropsychometer.

Three of the volumes which were on the waiting list of publications, the INDIVIDUAL TRACK MAP, ELECTROPSYCHOMETRIC AUDITING, and SYMBOLOGICAL PROCESSING, arrived in time to be issued to those attending.

Some of those present were:

Mr. and Mrs. C. W. Lane, Beaumont, Texas; Dr. Nan McCurdy, Miami, Fla.; Mr. and Mrs. A. Robert Taylor, Phoenix; Mr. and Mrs. Maurie Kamman, Phoenix; Mrs. Ethel Adler, Phoenix; John C. Cooley, El Segundo, Calif.; Mr. and Mrs. Robert Spencer, Phoenix; Olla Curry, Detroit, Mich.; Refa Postel, Detroit; Inez Graf, Chicago; Hardin Walsh, Hollywood; Julia Lewis, Compton, Calif.; Idella Stone, Pasadena, Calif.; Mr. and Mrs. Ross Lamoreaux, Phoenix; Ray Perrier, Phoenix; Lawrence Holcomb, Detroit;

Doris Graffam, Houston; Don Graffam, Houston; John W. Galusha, Pueblo, Colo.; Haskell Cooke II, El Paso; Emily McDaniel, Bellaire, Texas; Ann Mandell, Dallas; Mr. and Mrs. John McCormick, LaJolla, Calif.; Helen O'Brien, Philadelphia; Evans W. Farber, Los Angeles; Mrs. Pearl Strafello, Spring Valley, Calif.; A. R. Simpson, Texas City, Texas; Laverne Jammarron, San Diego; Carl Jardine, San Diego; Dorothy Pettis, San Pedro, Calif.; Melvin Wells, Red Bluff, Calif.; Tom Maxwell, New Orleans; Conrad Crowder, Berkeley, Calif.;

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L. D. Bulman, Phoenix; Dr. J. P. Massaia, Phoenix; Mrs. John R. Howard, Hardtner, Kas.; Ray Kinney, Los Angeles; Mary Cleveland, Los Angeles; Aarom Forst, Los Angeles; Bettye Walton, Pasadena, Calif.; Carl Warner, Peoria, Ill.; Rev. R. John Bloomquist, Peoria; Mr. and Mrs. Lloyd Robb, Peoria; Robert Waller, Peoria; Don Bartholomew, Phoenix; George Seidler, El Cerrito, Calif.; Mrs. M. W. Stansfield, New York; James Elliott, Phoenix; David Fried, Phoenix; Mr. and Mrs. Dale Malleck, Phoenix; Ruth L. Winne, Glendale, Calif.;

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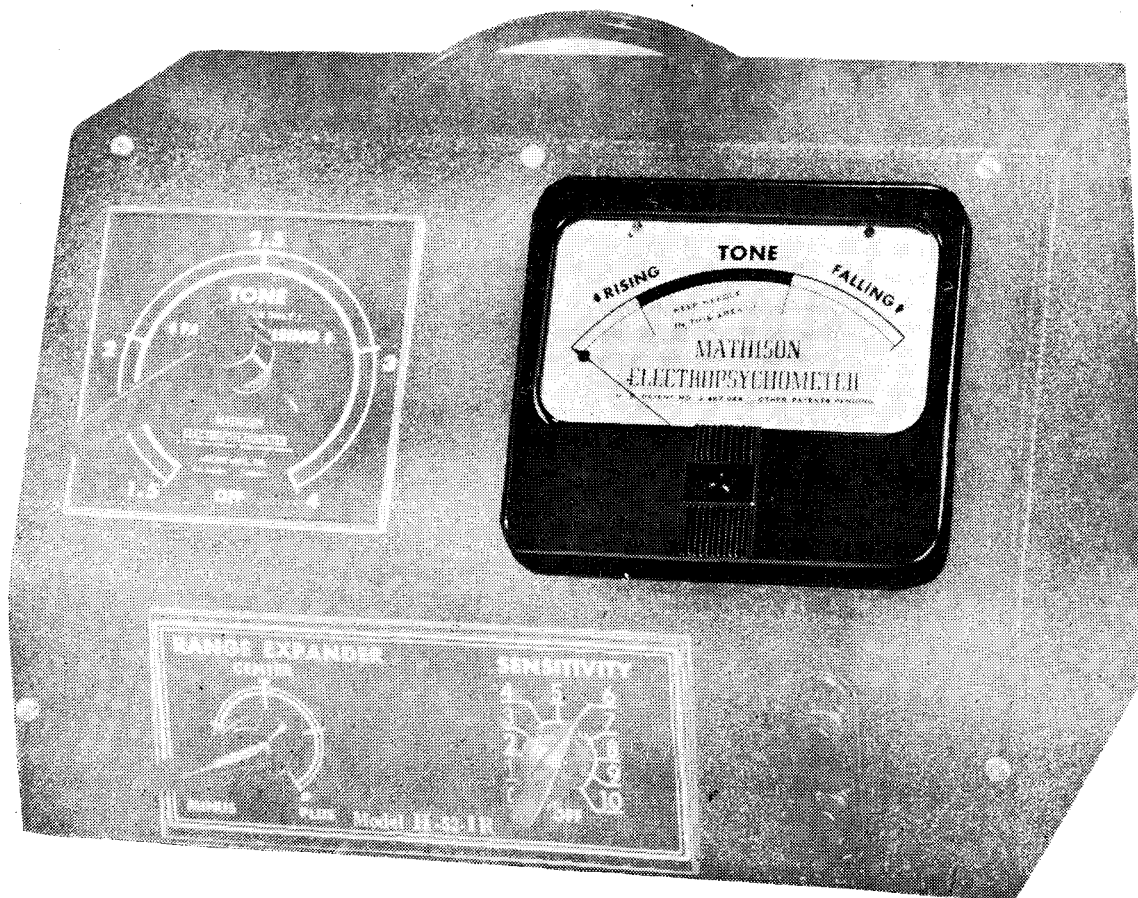
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electronics gives life to freud's theory

associative process quickly breaks case with use of e-meter by I. ron hubbard

Years after free association as developed by Sigmund Freud had been abandoned as a therapy, the development in electronics has revised, at least in part, the techniques of the Viennese master.

In the days when none could expect a great deal from psychotherapy, Sigmund Freud introduced the advance of free association. In this technique, the patient was permitted to discourse freely and wanderingly until the doctor could gain a clue as to the source of his trouble. The doctor sought to obtain his data by evolving, from the clues given, that in which the patient was seeking to escape, or what he was repressing. This was the famous system of mental catharsis as developed by Freud and Breuer in the years prior to 1894.

There were many difficulties with the technique of free association but the main one was the lack of positive evidence for the doctor on what the patient was avoiding, or repressing.

Years later, the technique is made workable for the first time by the development of an electronic instrument, the electropsychometer, which was invented by Volney Mathison of California. While this instrument was developed primarily for the needs of Scientology, Mathison has furthered its use by developing, as well, what he calls "Technique 100", or "Associative Processing". The technique is so-called since it imposes and even guarantees absolute honesty on the part of the patient and provides the doctor with adequate and useful clues.

It is said by those who have employed this process that they cannot see how analysis could possibly be conducted without the use of the electropsychometer. Now that associative processing has been developed, its importance in the field of psychotherapy cannot be slighted or even over-estimated.

For the auditor or doctor who has minimum time to spend with his pre-clear, or patient, an E-Meter and a knowledge of Technique 100 can bring about an amazing shortening of the number of hours of processing necessary. With the aid of an E-Meter and the technique of associative processing, it has been estimated that the usual two year psychoanalysis probably could be cut to three or four months. In the field of Scientology, it is said that an hour of associative processing is worth more than fifteen or twenty hours of straight memory questioning.

With reference to psychosis, or severe neurosis, the technique can be considered

to be, and is considered to be, indispensable for both the auditor and the psychoanalyst. In this state it is especially difficult to pick from the babblings of a patient the clue for the material which, if brought to light, may relieve his stress.

Despite its importance, associative processing requires very little technical background or information. It can be utilized by one who has had no more than the most elementary instruction on a psychometer—such as how it is turned on, how the electrodes are connected, and how to keep the needle balanced in the middle of the meter.

The patient is given the electrodes to hold. If he is particularly disturbed, they are strapped to his hands with adhesive tape, and a mitten is placed over one of the hands holding the electrodes so that banging them together will not disturb the needle reading.

The patient is permitted to talk freely, discussing anything he cares to discuss. The practitioner simply watches the needle on the E-meter. The discussion of the patient will shortly cause him to approach the subject which must be relieved. As he begins to approach his clue, the needle of the E-meter will take a sudden and sharp drop.

Before permitting the patient to discourse, the practitioner makes a pact with him, if possible, that at any time the practitioner says "Now!" the patient immediately will tell him what he was thinking about at the moment the word "now" was uttered. The pact includes, if possible, an agreement with the patient that one hundred per cent honesty would be employed—thus Mathison's use of Technique 100, by which he meant one hundred percent honesty.

The moment the needle drops, the practitioner says "Now". The patient then tells him what he was thinking about while he was speaking. It generally will be something connected with his speech, and therefore is easy to detect if he is not telling the truth. Further, if he is not telling the truth, the needle will dive again, under the stress of the patient's repressing the information should the practitioner ask him, "Are you telling me the truth?" and the patient tells him "yes." Otherwise the needle will drop in response to the charge of the data upon which the patient has touched.

The practitioner then requires the patient to give him a fuller amplification of the data which caused the needle to drop. The practitioner, still watching the needle, observes that on much of this data the needle does not react, but when it again drops suddenly, the practitioner repeats the word "Now" and once more the patient tells him of what he was thinking, below the strata of his speech.

By this route, considerable depth can be plumbed. The patient will unburden rapidly much of his repressed hatreds and conflicts.

The patient is made all the more ready to do so by the fact he knows the practitioner is watching the needle. This causes the patient to speak with much greater honesty than he otherwise would observe, for he conceives his mind to be "read" by the practitioner.

A practitioner should know the following manifestations:

(1) A sharp drop of the needle for emphasis to the right as you face the dial denotes the existence of a heavily stressed subject. It detects, for the practitioner, the existence and whereabouts of an emotional strain, which, if talked about, may release.

(2) A steadily rising needle, which is one that keeps drifting to the left as you face the dial, denotes an avoidance of a subject which, if probed, will bring about the reaction of fear. This shows, in most instances, an effort on the part of the patient to escape. The rise may be continuous and carry on for some time. The rise is halted by asking the patient what he would like to get away from, and why; whom he would like to get away from; what situation he finds unbearable in the past. When this is touched upon by the patient, the needle will stop rising and give a short sharp drop.

(3) An idle needle, one which is drifting slightly to the right and slightly to the left very easily and gently, denotes a comfortable status of mind on the part of the patient, and tells the practitioner that he is nowhere near any subject that distresses him, or, if it follows an emotional outburst, tells him that the outburst itself is spent, and that the subject now can be abandoned for the moment.

(4) A sticky, or rigid needle is one which does not change, but if it does, changes very slightly and with a jerk. This sticky needle can be interpreted, for the purposes of associative processing, as an effort on the part of the patient to hold back information, or even use physical effort to suppress information. The practitioner should ask the patient if he is attempting to keep the machine from reading (which the patient cannot) or if he is actively and consciously repressing some information. If this fails to resolve the "sticky" needle, simply ask the patient to get a whole concept of waiting for somebody, or somebody waiting for him, or ask him to get a concept of somebody standing still, or the patient holding somebody still, and the needle may move. The patient should be reminded occasionally of the compact with the practitioner as to the 100 per cent honesty, as most patients have many things which they are determined, very knowingly, to suppress and not bring to light.

With this technique of associative processing, the hidden data which the practitioner, if he is to advance the case, must bring to the surface can be detected and released. No other effective method of doing this is known at this time.

character of 1.5 is anger, with desire to destroy people, things

The tone scale is not a derived scale, but one which has been constructed after observation of many pre-clears. . . .

If an individual is at 1.5 on the tone scale, he finds reactive "pleasure" only in the venting of anger. He has no actual concept of pleasure, but he gains a feeling of dangerousness and therefore of "pleasure" in the dramatization of his dominating or angry engrams.

If permitted to go on being angry, he will remain stationary, to some degree, on the tone scale, but if these dramatizations are balked or fought against, he will descend down the tone scale, since he is not permitted to experience the "pleasure" which he can attain by being angry. His goal is to achieve destruction of things or people. He has considerable joy in achieving that destruction.

People who are only temporarily at the 1.5 level, which is to say who are being acutely 1.5, know well the satisfaction obtained in smashing something. The chronic 1.5 can raise no higher than the smashing of things.

At times in the past it has been felt that the individual who threw things, who went into a rage, and who talked in desperately destructive terms was at the lowest possible depth of insanity. This is very far from true. Anger is the very high bracket of insanity. One should beware of those who are lower on the tone scale and who bring about destruction only by covert means, for there is no forewarning of what they will do.

Any pre-clear whose reactive mind (and all reactive minds are below 2.0 on the tone scale) is coming up toward a release will pass through the zone of anger reactively and will be furious with people who have done things to him and may even be furious at the world at large. This is a symptom of his getting well, not a symptom of his going mad.

People are not easier to handle below the zone of anger. People below the zone of anger are much more dangerous, since they will take much more devious steps to bring about death. They do not bring about destruction in clean daylight as does the angry individual, but in the dark alleys and cesspools of humanity.

The person who is chronically angry can be processed rather easily up into the higher tones, since he still retains his vitality. But, and never neglect it, this person's pleasure is in being angry, and in running pleasure moments one had best discover moments in which the individual could be unreservedly angry at something. . . .

—From SCIENCE OF SURVIVAL by L. Ron Hubbard. (Scientific Press, 1405 N. Central, Phoenix, Ariz. \$5.)

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the handling of arthritis

by l. ron hubbard

The disability commonly called arthritis is actually a chronic somatic of the depository type.

Calcium or other minerals become deposited in the joint structures, or on the bones of the body and there impeding circulation and often causing swelling, occasion considerable pain.

Joint limitation of motion is often marked, and quite commonly progresses to a point where the individual must use crutches or a wheel chair. The arthritic may have any joint or area of his bone structure so impeded that the ailment may be manifested by claw hands, or hunched back, or stiffened knees.

Characteristic of the disability is a certain immobility of the body and muscles. This stillness is strongly contrasted to the spastic's twitching motions.

The sufferer from arthritis generally is subject to endocrine failure. The thyroid is deteriorated, the estrogen or androgen glands are relatively inactive. The glands which monitor the calcium in the body and its solution in the bloodstream are evidently particularly inactive.

Calcium in solution in the blood becomes deposited in areas having restricted, or sluggish, flow. In Scientology, it can be demonstrated that a restriction of circulation is present in those areas which have suffered previous injury. The injury, although perhaps forgotten, or suppressed, nevertheless can become active, thus placing a mental block over the area to become affected and inhibiting normal mental communication and physical functioning with and in that area.

The damage to joints in any arthritic can be demonstrated easily by testing the individual on an E-Meter where it will be discovered that the area affected indeed has been injured.

Arthritis, then, is structurally a deposit of calcium, or other mineral, in an area which has been restricted by an old injury. The injury is held in suspension and in place in the area by restimulation of the environment which contains some of the factors present when that area was injured. It is a condition of such an injury, in order to be in suspension sufficiently to cause arthritis, that the sufferer himself must have administered a like injury to another person.

The processing of the chronic arthritic may be pleasant or difficult. This depends upon where the individual may be found on the tone scale.

Arthritis occurs at three places on the tone scale. The first is .375, an area of extreme apathy where motionlessness in general makes it easy for deposits to occur.

The second is its harmonic, .75, the area of grief, where the suppression of losses of allies or possessions causes a rigidity, a belated effort to hold that which already has departed. The third is the next harmonic, 1.5. This is the band of anger.

The .375 often is easy to process, but the apathetic state of the individual occasionally denies the auditor cooperation, even though it appears to be present. The .75 is best relieved by a discharge of grief, where this can be obtained; but grief in a chronic .75 is quite often occluded. The processing of the 1.5 is best effected by running anger, both the anger of others toward the pre-clear and the pre-clear's anger toward others.

All three levels of arthritis can be affected interestingly by running sympathy for persons who are in a motionless position, such as the ill, and by running sympathy of others for the pre-clear when he has lain in a motionless position, as in illness. The next most important thing to run is waiting, or enduring, both on the part of the pre-clear, or others, and when they have waited, or endured for him, or on his account. These incidents by themselves have commonly produced an alleviation of arthritis.

The complete and entire reduction of arthritis, so as to inhibit its return at any time in the future, depends on the running of electronic incidents by Technique 80, in particular its famous black and white process.

There are many things which can be

done for the arthritic, many processes which can be used. It is impossible in this short space to give one of the many case histories of arthritis, under process, or to give all the techniques, or complications of cases concerning it.

Of all the ills of man which can be successfully processed by Scientology, arthritis ranks near the top. In skilled hands, this ailment, though misunderstood and dreaded in the past, already has begun to become history. Twenty-five hours of Scientology by an auditor who fairly understands how to process arthritis can be said to produce an invariable alleviation of the condition. Some cases, even severe ones, have responded in as little as two hours of processing, according to reports from auditors in the field.

special "technique 88" book soon to be mailed

"Technique 88", the special memorial edition promised those who contributed a minimum of \$25.00 to Scientology when offices first were opened in Phoenix, has been sent to the bindery and soon will be ready for mailing.

A printed edition of "Technique 88" as yet unnamed and for which no price has been set until more is known of its size and format, still is in the process of being written. No attempt is being made at this time to even forecast a delivery date.

new discount rates effective sept. 1

Rising paper and printing costs have forced a readjustment in the discounts given buyers of books, pamphlets, and lecture tapes.

Effective September 1, the following discounts will be in effect:

Founding and General members of the H. A. S.	10%
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